

MINUTES
SPECIAL MEETING
VILLAGE OF NILES - BOARD OF TRUSTEES
April 25, 2023
6:00 p.m.

A video recording of this meeting can be viewed on the Village of Niles website www.vniles.com.

CALL TO ORDER The Special Meeting of the Board of Trustees was called to order at 6:02 p.m. by President George D. Alpogianis in the Council Chambers, Village of Niles Municipal Building, on Tuesday, April 25, 2023.

PLEDGE OF ALLEGIANCE President Alpogianis led the Pledge of Allegiance.

ROLL CALL Village Clerk Marlene J. Victorine called the roll. Board members present were President George D. Alpogianis, John C. Jekot, Danette O'Donovan Matyas, Craig Niedermaier and Dean Strzelecki.

PRESENTATION

Power Wellness President Alpogianis explained that on March 15, 2016, via referendum, 88.4 percent of our citizens voted to continue funding the Fitness Center, Senior Center, and Family Services. The Fitness Center costs the taxpayers over \$500,000 annually. The current administration is seeking options to reduce costs. The presentation tonight explores outsourcing the management of the Fitness Center. All other facets of the Fitness Center will remain the same. President Alpogianis introduced Brian Hummert, President of Power Wellness.

Brian Hummert stated that the purpose of Power Wellness is to improve life by delivering excellence in health, fitness, and wellness management. Their core values include integrity, humanity, passion, creativity, and humility. Power Wellness is located in Lombard, Illinois and is a privately owned company founded in 1996. The company manages 30 wellness centers in 14 states, ranging from 5,000 square feet to 85,000 square feet. They have 1,900 employees, serve 90,000 customers and 5 million visits each year. Operational support is a centralized support model, and Power Wellness has the ability to manage Human Resources, IT, Payroll and Benefits, Purchasing, Business Systems, Marketing and Sales. This model allows fitness center team members to focus on programming, utilization and member's experiences.

Josh Carlson, Vice President of Power Wellness, explained that their team met with the Niles Fitness Center staff to perform an operational assessment. The Niles Fitness Center's customer service ranking is in the top tier of the metrics. Power Wellness' five-year plan for the Niles Fitness Center is: 1) Focus on the People and Processes; 2) Grow the Membership Volume; and 3) Achieve Financial Stability. They will achieve this by reaching out to community organizations, employers, patient referrals etc.

Charmaine O'Sullivan, Senior Director of Power Wellness, spoke to new technology that will be introduced at the Fitness Center including: a mobile app, member management, virtual programming, Client Retention Management (CRM), Electronic Health Record (HER), capacity tracking, and health outcomes.

Josh Carlson explained that Power Wellness is available to support existing staff members. Power Wellness is recommending a re-grand opening, a new floor plan with new equipment, requiring a capital investment approved by the Board.

PUBLIC COMMENTS

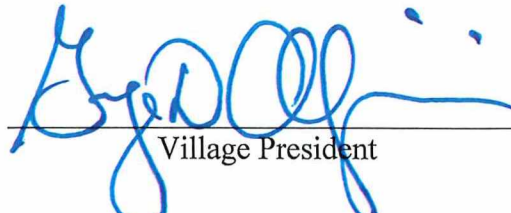
Louella Preston, Niles
Ms. Preston asked questions regarding the department head of the Niles Fitness Center.

ADJOURNMENT

There being no further business to come before the Board, a motion to adjourn was made by Trustee Strzelecki, seconded by Trustee Niedermaier. On roll call, all concurred. The meeting adjourned at 6:20 p.m.



Village Clerk



Village President